



ABIERTO MEXICANO
PARA NATACIÓN
TIJUANA 2022





We are pleased to welcome all National Paralympic Committees (NPCs) and National Federations (NFs) to our annual Abierto Mexicano de Para Natación.

This event is organized by Comité Paralímpico Mexicano A.C. (COPAME) with the Instituto del Deporte y la Cultura Física del Estado de Baja California (INDEBC), it has the approval and support of the Mexican National Sports Commission, and it is a World Para Swimming (WPS) approved competition.

General Information

Event Contact

- Emanuel Franco Garibay Gómez, CEO NPC México:
emanuel.garibay@copame.org.mx
- Noel Abdiel Jiménez Leyva, Events' General Coordinator:
gerenciadeportiva@copame.org.mx

Venue and Host City Information

- This competition will be held at Centro de Alto Rendimiento (CAR) Tijuana with address at Vial Sur S/N, UABC, Universidad Otay, 22427 Tijuana, Baja California.
- Tijuana is a northern city located at the Mexican state of Baja California, it has a desertic climate and it has an altitude of 20m above sea level.
- Tijuana's Airport is only 10 min. from the hosting hotels and the competition venue.
- Tijuana can be reached traveling by airplane from Mexico City, Guadalajara and Monterrey International Airports.
- Supermarkets, grocers' stores, 24-hour stores are less than 1km around.
- The competition venue has a pool 50m x 25m, depth 2.5m., 10 lanes, Colorado Times System electronic timing and temperature of 26° and a warmup and warm down pool, is 25m x 25m, depth 4m, 6 lanes and temperature of 26°.

Key Dates

- **February 23:** Start of period for competition registration.
- **March 31:** End of period for competition registration.
- **April 04:** NPCs and NFs will receive their competition registration, for both athletes and staff and will be allowed to modify.
- **April 08:** End of period for NPCs and NFs to submit competition registration modifications.
- **April 11:** LOC will send to NPCs and NFs the final entries.
- **April 15:** First arrivals (rapid covid test).
- **April 16 & 17:** Trainings.
- **April 17:** Second arrivals and Technical Meeting (rapid covid test).
- **April 18, 19, 20 & 21:** Competition.
- **April 22:** Departures.
 - It is important to consider the two dates established for arrivals.
 - Technical meeting will take place via zoom meeting, the link will be sent to delegates at midday of April 17th. Technical meeting will be delivered at 19:00 hrs.
 - The following platform has the intention to serve as registration of arrivals and will allow LOC to arrange trainings and lanes. Please provide your information before March 31, 2022.

<https://forms.gle/st6WNMfW14ffhsGS8>

Visas

- It is the responsibility of each nation to have the proper documentation to enter Mexico.
- If a letter from our NPC is required, please contact emanuel.garibay@copame.org.mx

Sports Information

Eligibility

- Have an active license of World Para Swimming (WPS) for 2022 season.
- Have a classification status of N, C, R, R-fixed year.
 - For athletes with N, please provide the codes of exception in the registration platform.
- No MQS are not required.

Competition system

- National Technical Officials (NTOs) Level 2 certified by World Para Swimming (WPS) will officiate the event.
- The “World Para Swimming Rules and Regulations January 2018”; and its documents will apply and can be found at: <https://www.paralympic.org/swimming/rules>
- An athlete is allowed to compete max. 3 events per day.
- The events for 800m and 1,500 will be direct finals.
- Morning: Heats competing by Classes.
- Afternoon: Multi-class A and B and Youth Finals.
 - Only international classified athletes can proceed to A and B finals.
 - Only Youth international licensed athletes can proceed to Youth finals.
 - For the composition of the finals, the World Para Swimming Score System will be used.
 - **A final:** best 8-point results in the morning heats.
 - **B final:** from 9 to 16 best point results in the morning heats.
 - **Youth Final:** 8 best point results for athletes belonging to the age groups 12-18 years (year of birth 2013 – 2009) according to the rule 4.2.1.5. of the IPC Rules and Regulations (except qualified for A and B final).
- Protests will have a cost of \$4,000.00 MXN which is not to return if the protest does not proceed.
- Medals to be awarded, to the winners of the A and Youth Finals.
- Antidoping will be done by the National Antidoping Body of WADA.

Preliminary programme

Men	Event	Women
Day 1		
1	100m Freestyle S1-S14	2
3	200m Individual Medley SM3 – SM14	4
5	50m Breaststroke SB1-SB9, SB11-SB13	6
7	200m Backstroke S6-S14	8
9	1500m Freestyle S6-S14	10
Dia 2		
11	400m Freestyle S6-S14	12
13	100m Backstroke S1-S14	14
15	200m Breaststroke SB4-SB9, SB11-SB14	16
17	50m Butterfly S1-S13	18
19	400m Individual Medley SM8-SM14	20
Dia 3		
21	100m Breaststroke SB1-SB9, SB11-SB14	22
23	200m Butterfly S8-S14	24
25	50m Freestyle S1-S13	26
27	800m Freestyle S6-S14	28
Dia 4		
29	200m Freestyle S1-S14	30
31	50m Backstroke S1-S13	32
33	100m Butterfly S5-S14	34
35	150m Individual Medley SM1-SM4	36



Accreditation and registration

- Each attendant will have to make its registration and cover its registration fee.
- Participants need their NPC's approval to compete, please provide a letter from your NPC to confirm this to gerenciadeportiva@copame.org.mx
- Accreditation will be delivered at the hosting hotels, after doing check-in.
- Access to the competition venue will be allowed only with accreditation.
- Please consider the arrivals dates, which are established in the section Key Dates.
- Accreditation office will be open only during arrival dates and from 15:00 to 18:00 hrs. This has been established considering the Hosting Hotels check-in hour.
- Registration period is open since February 23th until March 31st, 2022.
- Entries will be done through the following platform:

Athletes: <https://forms.gle/a7FUx16DGu6Rxp8R6>

Staff: <https://forms.gle/UWBz9F7esoKdqPrD9>

- Entry fee for athletes is \$100 USD.
- Entry fee for each staff member \$50 USD.
- Entry fee payment can be done upon arrival, to receive accreditation.
- Entry fees can be bank transfer with the following information.
- Once transfer is done, receipt must be sent to gerenciadeportiva@copame.org.mx

Accounts name: COMITE PARALIMPICO MEXICANO AC

Banks name: BBVA Bancomer

Banks Address: Avena 489 Col. Granjas México ZIP 8400, Iztacalco Ciudad de México

Accounts number: 0110822884

Aba:121000358

Swift: BCMRMXMMPYM

Mexican "CLABE": 012180001108228840

Services

Local Transportation

- Local transportation will be provided for transfers HOSTING HOTELS – COMPETITION VENUE – HOTEL.
- Transportation will be from April 16 to 21, schedule will be sent share upon arrival.

Medical services

- The Local Organizing Committee (LOC) will provide the medical services in case of an accident.
- However, each participant are responsible of attending with a medical insurance to cover bigger expenses.

Accommodation and catering

- In the knowledge that Mexico and the whole world continue to face the Sars-CoV-2 Pandemic, the Mexican Paralympic Committee (COPAME) it is mandatory that participant have its accomodation at the hosting hotels.
- Each participant or team is responsible for making the reservation directly with the Hotels.
- The venue is only 3 min. by car and 10 min walking.
- Supermarkets, grocers' stores, 24-hour stores are less than 1km around.

City Express Tijuana (recommended for wheelchair users).

Contact

- Address: General Lázaro Cárdenas Número 16002 A Prolongación sección Universidad Tijuana, Baja California, México. C.P. 22416
- Phone number: 5566585204
- Mail: gtoledo@hotelescity.com

Rooms information

- Single: \$2,211.50 MXN
- Double: \$2,324.50 MXN
- At the time of requesting the reservation participants must mention that they are attending the **Abierto Mexicano de Para Natación Tijuana 2022**.
- Debit or credit card must be provided to book.
- Cancellations can be done before April 10th 2022.
- Prices already include IVA Tax
- If the IVA or ISH taxes undergo any modification and/or if there is a new federal tax, under no circumstances this can be absorbed by any of the City Express Hotels, nor by COPAME.
- Check-in is at 15:00 hrs and check-out is maximum at 13:00 hrs.
- To guarantee the room availability, reservations must be done before April 10th, 2022.
- The hotel is 5 min by car and 10 min. walking from the competition venue.



City Express Junior Tijuana

Contact

- Address: General Lázaro Cárdenas Número 16002 A Prolongación sección Universidad Tijuana, Baja California, México. C.P. 22416
- Phone number: 5566585204
- Mail: gtoledo@hotelescity.com

Rooms information

- Single: \$2,011.50 MXN
- Double: \$2,124.50 MXN
- At the time of requesting the reservation participants must mention that they are attending the **Abierto Mexicano de Para Natación Tijuana 2022**.
- Debit or credit card must be provided to book.
- Cancellations can be done before April 10th 2022.
- Prices already include IVA Tax
- If the IVA or ISH taxes undergo any modification and/or if there is a new federal tax, under no circumstances this can be absorbed by any of the City Express Hotels, nor by COPAME.
- Check-in is at 15:00 hrs and check-out is maximum at 13:00 hrs.
- To guarantee the room availability, reservations must be done before April 10th, 2022.
- The hotel is 5 min by car and 10 min. walking from the competition venue.

COVID Measures

1. It is mandatory that all participants attend with PCR negative test (PCR or Antigen) done among the 72hrs prior to arrival.
2. It is mandatory that each participant goes through rapid COVID test at the hosting hotel, from 14:00 to 18:00hrs on the dates established for arrivals.
 - For participants arriving on April 15, they should go through rapid test before Check-in.
 - These same participants must go through rapid test again on April 17.
 - For participants arriving on April 17, they should go through rapid test before Check-in.
3. IF a positive result is shown, this participant must return to its homeland covering its own expenses.
4. To have access to the competition venue all participants must have an accreditation and always use mask.
5. No spectators will be allowed.
6. We kindly ask to participant to stay at its hotel while not competing.
7. We encourage nations to consult its respective government to know requirements to enter Mexico.

Up-dates.

- February 23rd, 2022: original version.
- March 5th, 2022: Correction to text on **Competition System** section.
- Before: **Youth Final**: 8 best point results for athletes belonging to the age groups 12-18 years (year of birth 2013 – 2009) according to the rule 4.2.1.5. of the IPC Rules and Regulations (except qualified for A and B final).
- Now: **Youth Final**: 8 best point results for athletes belonging to the age groups 12-18 years (year of birth 2003 – 2009) according to the rule 4.2.1.5. of the IPC Rules and Regulations (except qualified for A and B final).