



Abierto Mexicano de Para Powerlifting 2025 16 al 21 de julio de 2025

20 DE JULIO 2025

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Day 2		Competition		Group Division	Teams Arrival	Kit Check		Warm-Up Area		Athlete Presentation	From	
Session	Gender	Categories	Number of lifters			Start	Finish	Open	Close		Competition	
	Male/ Female					Start	Finish					
7	M	72 kg	6	A	7:40	8:10	8:20	8:20	9:00	8:55	9:00	9:40
CEREMONIA DE PREMIACION @ 9:50 hrs												
8	M	80 kg	11	A	9:20	9:50	10:00	10:00	10:40	10:35	10:40	11:50
CEREMONIA DE PREMIACION @ 12:00 hrs												
9	M	88 kg / 107 kg / +107 kg	8	A	11:30	12:00	12:10	12:10	12:50	12:45	12:50	13:45
CEREMONIA DE PREMIACION @ 13:55hrs												
REST												
10	F	73 kg / 79 kg / 86 kg / Over 86 kg	7	A	14:25	14:55	15:05	15:05	15:45	15:40	15:45	16:30
CEREMONIA DE PREMIACION @ 16:40 hrs												
11	M	97 kg	8	A	16:10	16:40	16:50	16:50	17:30	17:25	17:30	18:25
CEREMONIA DE PREMIACION @ 18:35												